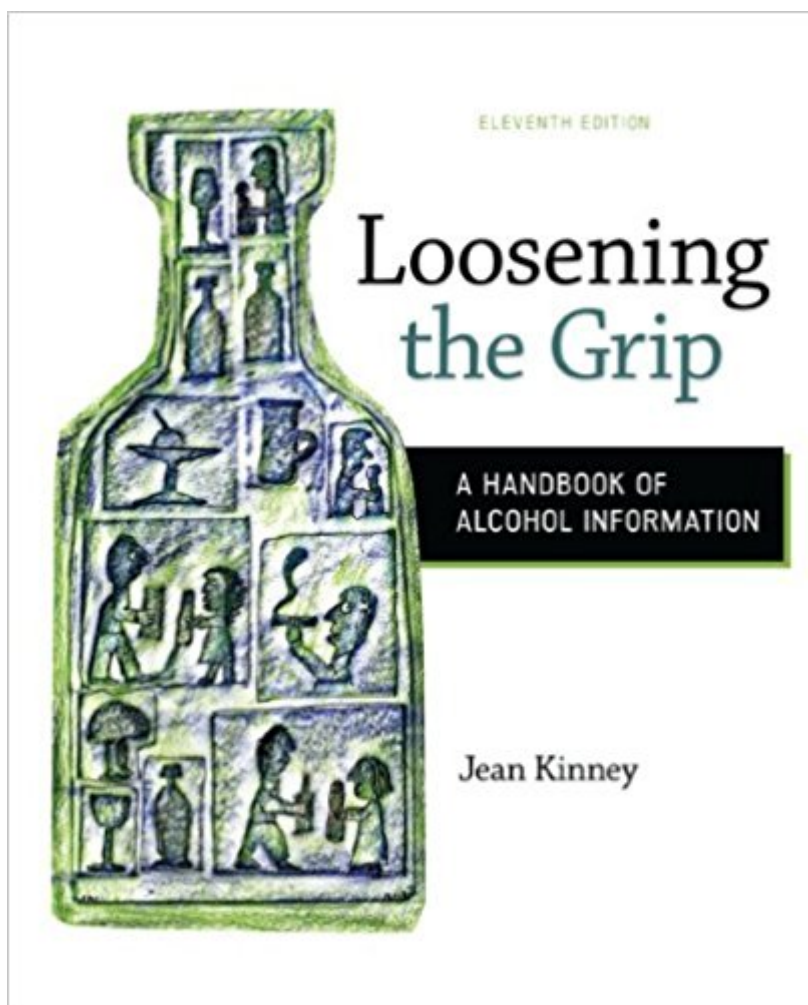


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# Loosening The Grip: A Handbook Of Alcohol Information (B&B Health)



## Synopsis

Accessible and comprehensive, *Loosening the Grip* remains an authoritative source for information about alcohol use and the problems associated with it, while also addressing the relationship between alcohol use and other drug use. This text presents the physical and psychological effects of alcohol alongside the impact of alcohol use on family and society. Special attention is given to addressing the range of responses to alcohol problems, prevention, harm reduction, brief treatment, engagement in treatment and aftercare, and addressing high risk drinking. Along with providing a historical foundation for the discussion of substance use, the book explains the facts about this complex issue in clear, engaging language. *Loosening the Grip* is widely recognized as a useful resource for future and current health care workers—substance abuse clinicians, school counselors, mental health workers, community nurses, and others. Instructors and students can now access their course content through the Connect digital learning platform by purchasing either standalone Connect access or a bundle of print and Connect access. McGraw-Hill Connect<sup>®</sup> is a subscription-based learning service accessible online through your personal computer or tablet. Choose this option if your instructor will require Connect to be used in the course. Your subscription to Connect includes the following:

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## Book Information

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## Customer Reviews

Jean Kinney, Lecturer in Community and Family Medicine at Dartmouth Medical School, was the Associate Director of the Alcohol Counselor Training Program at Dartmouth conducted between 1972 and 1978. That program was the impetus for this text. Upon completion of the Alcohol Counselor Training Program, she became involved with Project Cork, a program established to develop and implement a model curriculum for medical student education and to create materials for health care professionals. She continues to be involved in professional development initiatives in the substance abuse field. In 1999, she was the first recipients of the Harold Hughes Award given annually by the National Institute of Medicine's National Institute on Alcohol Abuse and Alcoholism. It is given in recognition for efforts to assist in the translation of scientific research into clinical practice. Loosening the Grip was one of her efforts cited in this award.

I've been reading this book for the last 15 years. The revisions are spot on with what is current. It is a companion for me. I try to never leave it out of hands reach. I am not being sacrilegious when I say this is the Bible of alcohol and SUD's.

I had to buy this book for a college class on addiction. It was really well written, easy to read and engaging, and contained a wealth of information. I enjoyed this book for my class.

This is a handbook. This book is very detail and encompasses a lot of material. This book can also overwhelm reader with prevalent information. My teacher used this book for the class and it was very difficult to understand and focus on important parts for the class. This book is more reference then textbook and not for the light reading

useful

good

Great product thanks so much

Hello and thank you for asking. Yes, Loosening the Grip has provided a wealth of information which will assist in the CADC exam.

Very good thorough information Regarding alcoholism

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